

Physostegia virginiana

Obedient Plant, False Dragonhead



The showy spikes of light pink flowers top these perennials in late summer and fall, when most flowers are yellow or gold. Best growth is in full sun or light shade, in loamy or sandy soil. *Physostegia virginiana* will grow in moist soil, and can be used as a wetland plant. Growth can be vigorous in wet soil. To control the spread of obedient plant, place it in drier sites with some shade. *Physostegia virginiana* is a long-lasting cut flower; when the flowers are pushed to face a different direction on the stem, they stay in place.

Height: 2' – 4'

Spread 1' – 2'